

# 1997 Section 4AA Championship at Stillwater, May 29 & 31, 1997

**Teams:** Stillwater 159, Mounds View 119 1/3, White Bear Lake 56 1/3, Mahtomedi 49, Champlin Park 47, Irondale 41, Blaine 38, Spring Lake Park/St. Anthony 37 1/3, Anoka 27, Centennial 26, Coon Rapids 23, Tartan 15, North St. Paul 10, Hill-Murray 9.

## 100

1 Ricky Thomas, Champlin Pk	11.0p	10.81
2 Jeremy Heckman, Centennial	10.8p	10.89
3 Antwan Euell, North St Paul	11.4p	11.23
4 Jermaine Brown, Champlin Pk	11.0p	11.24
5 Kevin Robinson, Hill-M	11.3p	11.39
6 Jason Rogers, Coon Rapids	11.5p	11.48
- Fred Harris, Mahtomedi	11.2p	dns (inj)
- Ralph Johnson, Blaine	11.2p	dns

## 200

1 Ricky Thomas, Champlin Pk	22.5p	22.14
2 Jeremy Heckman, Centennial	22.6p	22.18
3 Erik Foley, White Bear Lk	23.1p	22.87
4 Kevin Robinson, Hill-M	23.0p	22.89
5 Adam Runk, Stillwater	22.7p	22.93
6 Brad Putnam, Stillwater	22.7p	22.99
7 Nick Johnson, White Bear Lk	23.4p	23.11
8 Blake King, Anoka	23.1p	23.18

## 400

1 Trevor Mitchell, Stillwater	49.6p	49.22 **
2 Lancer Lumby, Stillwater	50.8p	49.93
3 Saye Yeanay, Champlin Pk	51.2p	49.99 q
4 Matt Briggs, Stillwater	51.5p	51.07
5 Ryan Peterson, Mounds View	51.6p	51.46
6 John Adegoke, Mounds View	51.7p	51.65
7 Marcel Kadera-Raymond, Mahtome	52.3p	51.82
8 Eric Sis, Champlin Pk	51.7p	51.98

## 800

1 Trevor Mitchell, Stillwater	1:59.19p	1:56.27
2 Mike Gruba, White Bear Lk	2:01.60p	1:56.64
3 Kesung Anderson, Irondale	1:59.00p	1:56.93 q
4 Neil Langer, Stillwater	2:00.30p	1:58.41 q
5 Jeff Vandenberg, Coon R	2:01.90p	1:59.27
6 Tom Hauer, Irondale	2:01.21p	2:00.37
7 Chuck Dusbabek, Stillwater	2:04.14p	2:00.65
8 Joe Nelson, Coon Rpds	2:01.90p	2:01.32

## 1600

1 Luke Watson, Stillwater	4:17.0
2 Greg Wikelius, Stillwater	4:24.2
3 Sean Graham, Stillwater	4:24.6
4 Chuck Peterson, White Bear Lk	4:32.9
5 Scott Utne, Mounds View	4:38.0
6 Casey Wittmer, Coon Rapids	4:39.4
7 Ben Kummer, White Bear Lk	4:40.1
8 Corey Wilson, Champlin Pk	4:40.4

## 3200

1 Luke Watson, Stillwater	9:18.77 **
2 Sean Graham, Stillwater	9:32.39
3 Greg Wikelius, Stillwater	9:54.91
4 Scott Utne, Mounds View	10:07.29
5 Josh Peters, Mounds View	10:10.95
6 Joe Osmundson, Blaine	10:11.78
7 Chuck Peterson, White Bear Lk	10:12.02
8 Peter Kirelger, Centennial	10:16.06

## High Hurdles

1 Dan Frette, Mounds View	15.33p	15.14
2 John Floss, Irondale	15.60p	15.25
3 Ryan Melena, Mounds View	15.36p	15.26
4 Matt Logan, Stillwater	15.70p	15.58
5 Josh Copple, Coon Rpds	15.97p	15.77
6 Chris Sellers, SLP/SA	16.07p	15.99
7 Jason Fowler, Tartan	16.12p	16.01
8 Nate Brever, SLP/SA	16.14p	16.33

## Intermediate Hurdles

1 Dan Frette, Mounds View	42.26p	40.45
2 Ryan Sawtell, Mounds Vw	41.80p	41.01
3 Todd Cook, SLP/SA	42.22p	41.23
4 John Floss, Irondale	42.39p	41.27
5 Jon Michel, Stillwater	41.61p	41.41
6 Nate Brever, SLP/SA	43.11p	43.11
- Josh Copple, Coon Rpds	41.96p	DQ
- Eric Entiger, Anoka	42.36p	DQ

## 4x100 Relay

1 Champlin Park (Gregory, Polk, Mathison, Thomas)	43.23
2 Stillwater	43.54 q
3 Anoka	43.56 q
4 Mounds View	43.76
5 White Bear Lake	43.77
6 Tartan	44.24
7 Irondale	44.68
8 Coon Rapids	44.79

## 4x400 Relay

1 Stillwater	3:23.8
2 Mounds View	3:25.8 q
3 Irondale	3:30.2
4 Mahtomedi	3:31.5
5 Champlin Park	3:31.8
6 Tartan	3:32.0
7 White Bear Lake	3:32.3
8 Coon Rapids	3:34.6

## 4x800 Relay

1 Stillwater	7:52.68 **
2 White Bear Lake	8:05.02
3 Mounds View	8:19.38
4 Tartan	8:28.96
5 Anoka	8:33.35
6 Irondale	8:37.12
7 Blaine	8:41.48
8 Centennial	8:43.30

## Shot Put

1 Joe Palke, Mounds View	58-2 3/4
2 Ben Sobieski, Mahtomedi	57-10 1/2
3 Nate Scheuer, Blaine	53-4 1/4
4 Akeem Akinwale, Coon Rpds	52-3
5 Mike Dolezal, Mahtomedi	51-6
6 Leif Murphy, SLP/SA	49-6
7 Justin Viger, Blaine	48-11 3/4
8 Mickey Peterson, SLP/SA	48-7

## Discus Throw

1 Ben Sobieski, Mahtomedi	175-11
2 Jason Thompson, Centennial	160-0
3 Nate Scheuer, Blaine	157-9 q
4 Leif Murphy, SLP/SA	155-6 q
5 Joe Palke, Mounds View	147-2
6 Andy Pung, Mounds View	143-8
7 Mickey Peterson, SLP/SA	142-7
8 Mike Bryant, Coon Rapids	139-9

## Long Jump

1 Adam Runk, Stillwater	21-10
2 Erik Foley, White Bear Lk	21-6 3/4
3 Reondo Davis, Blaine	21-6 1/4
4 Cory Zafke, White Bear Lk	20-7 1/4
5 Ryan Wold, SLP/SA	20-3 1/4
6 Fred Harris, Mahtomedi	20-2 1/2
7 Blake King, Anoka	19-8 3/4
8 Chris Sellers, SLP/SA	19-8

## Triple Jump

1 Reondo Davis, Blaine	45-1 1/2
2 Chris Sellers, SLP/SA	45-0
3 Jeff Bergstrom, Mounds View	44-9
4 Paul Morrissey, Mounds View	44-4
5 Joe Persuitti, Mounds View	43-8
6 Ralph Johnson, Blaine	43-6 1/2
7 Jason Irsfeld, Mahtomedi	43-1 1/4
8 Cory Zafke, White Bear Lk	43-1

## High Jump

1 Jason Irsfeld, Mahtomedi	6-4
2 Dan Frette, Mounds View	6-3
3 Joe Persuitti, Mounds View	6-1
4 Brian Apel, Stillwater	6-1
4 Jeff Bordenave, Stillwater	6-1
6 Eric Robertson, Anoka	5-11
7 Nick Hogan, North St Paul	5-9
8 Jason Cook, SLP/SA	5-9
8 Tom Hauth, White Bear Lk	5-9
8 Mickey Anderle, Mounds View	5-9

## Pole Vault

1 Tim Koupal, Anoka	15-2 **
2 Bob Cahow, Irondale	13-9
3 Jeremy Keating, Mahtomedi	13-9 q
4 Benton Ward, Stillwater	13-3
5 Geoff Paine, White Bear Lk	12-9
6 Steve Mandel, Stillwater	12-9
7 Ian Skarja, North St Paul	12-3
8 Ryan Brandenburg, Anoka	12-0

\* Ties Meet Record

\*\* New Meet Record

q = qualified for State by standard

**Notes:** Stillwater was coached by Scott Christensen.